

Late Stage Dementia

This course will give learners the knowledge and skills needed when supporting people living with later-stage dementia. You will learn to recognise the changes that may occur as dementia progresses and understand how to respond in ways that preserve dignity and respect. The programme explores ways to maintain and support psychological well-being, helping individuals feel valued, safe, and understood. You will also discover effective approaches to connecting with someone experiencing later-stage dementia, focusing on meaningful communication, reassurance, and empathy.

Through discussion, reflection, and case-based scenarios, you will build insight into the emotional and social needs of people with dementia and develop confidence in providing compassionate support.

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Learning Outcomes

- Recognising the changes that might affect a person at the later stages of dementia and how we might respond to the changes.
- Identify ways of maintaining and supporting a person's psychological needs and well-being.
- Exploring effective methods of connecting with a person experiencing later stage dementia.

Course Content

Module 1: Responding with Dignity and Respect

- Understand strategies for responding to changes in ways that preserve dignity.
- Focus on compassionate care that respects the individuality of each person.

Module 2: Supporting Psychological Well-Being

- Learn methods to maintain emotional and psychological health.
- Explore ways to help individuals feel safe, valued, and understood.

Module 3: Meaningful Connection and Communication

- Discover techniques for connecting with people with later-stage dementia.
- Emphasise reassurance, empathy, and understanding through verbal and non-verbal communication.

Course Content

Module 4: Supporting Social and Emotional Needs

- Explore how social interaction, routines, and environment influence well-being.
- Identify practical ways to reduce anxiety and enhance comfort.

Module 5: Reflection and Application

- Engage in discussion and case-based scenarios to deepen understanding.
- Build confidence in responding sensitively to changes in behaviour and mood.